

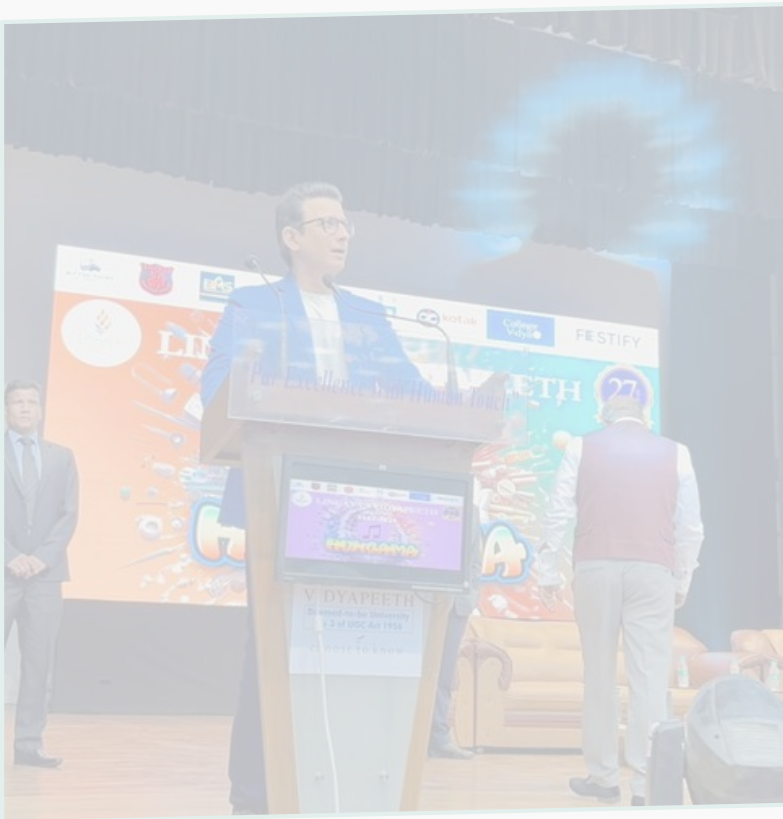


LINGAYA'S  
VIDYAPEETH  
choose to know

"Deemed-to-be University since UGC Act 1956"



# LINGAYA'S DARPAAN



November 2025 Edition

[www.lingayasvidyapeeth.edu.in](http://www.lingayasvidyapeeth.edu.in)



## ZEST 2025: Lingaya's Vidyapeeth Hosts Blockbuster Cultural Extravaganza 'Hungama'

*Zest celebrates the essence of enthusiasm and creativity, bringing together diverse talents and shared moments of joy into a memorable cultural experience.*

The campus came alive with energy, creativity and celebration as it successfully hosted its much-anticipated annual cultural festival, ZEST 2025, on 21st and 22nd November 2025. Living up to its electrifying theme, 'Hungama', the two-day extravaganza was a spectacular showcase of talent and cultural expression, witnessing enthusiastic participation from over 50 universities across the region and cementing its status as a premier cultural event.

### **Day 1: A Star-Studded Inauguration**

The festival opened with a grand, high-profile Inaugural ceremony, setting an impressive, magnificent tone for the vibrant celebrations of 'Hungama'. The event was honoured by the presence of Bollywood's iconic and versatile actor, Mr. Sharman Joshi, whose participation added glamour and inspiration to the event.

In his address to the enthusiastic crowd of students, faculty, and guests, Mr. Joshi shared inspiring anecdotes from his journey in the film industry, emphasising the importance of passion, perseverance, and seizing opportunities. His motivational speech deeply resonated with the attendees, encouraging the young participants to embrace the spirit of healthy competition.

The ceremony also featured remarks from the esteemed management, highlighting the significance of co-curricular activities in fostering holistic education and development. The event announced the formal declaration of ZEST 2025: 'Hungama' as officially open.



## Two Days of Unprecedented Competition and Culture

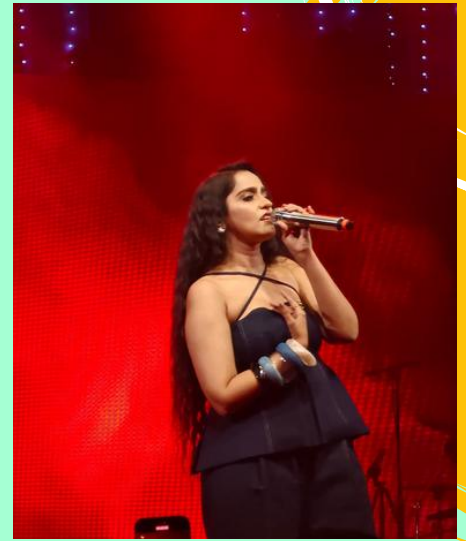
True to its name, ZEST 'Jhungama' offered a vibrant, harmonious blend of diverse events catering to every artistic inclination. The festival featured a diverse range of activities, including high-energy music performances, captivating competitions, thought-provoking literary events, and innovative art showcases.

The sheer volume and quality of entries from participating universities demonstrated the exceptional level of talent present, making the judging process challenging but incredibly rewarding for the panels.

### Day 2: The Grand Finale with Asees Kaur

The festival culminated and concluded on a euphoric high note with a magnificent Musical Star Night featuring the melodious voice of the celebrated playback singer, Asees Kaur.

As evening descended on the second day, hundreds of students gathered at the main arena, eagerly awaiting the star performance. Ms Asees Kaur delivered an unforgettable performance, leaving the audience in awe with her chart-topping hits and soulful renditions. The atmosphere was electric, with the crowd singing along to every beat, transforming the campus into a giant, pulsating concert venue. The Star Night was the perfect closure to the two-day 'Jhungama', leaving the attendees with unforgettable memories of music, excitement, and camaraderie.



## A Resounding Success

ZEST 'Jhungama' 2025 was more than just a cultural festival; it was a celebration of youth, talent, and cultural exchange. The meticulous planning, dedicated efforts of the student organising committees, and the wholehearted participation of students from Lingaya's Vidyapeeth and other institutions were the true pillars of its success.

The university management extends its heartfelt gratitude to all the participating universities, sponsors, faculty, and the student body for their exemplary conduct and enthusiasm, which collectively made this year's ZEST 2025 the biggest 'Jhungama' to date.



## Where Strategy Meets Symphony: Sidhant Swarup Conducts Masterclass on Professional Harmony

Lingaya's Vidyapeeth recently hosted a highly engaging and introspective interactive session titled Where Strategy Meets Symphony, conducted by distinguished corporate expert Mr. Sidhant Swarup, an accomplished corporate trainer, orator, and strategist, who captivated the audience with his perspectives on achieving excellence in professional life and is well-known for his unique blend of corporate acumen and poetic insight.

### Strategy, Symphony, and Success

The core theme of the session explored the necessary alignment between strategic planning (the logic and structure of professional goals) and the symphony (the harmony, finesse, and flow of execution, including personal well-being). Mr. Swarup eloquently conveyed that professional success is not solely the result of meticulous planning but also depends on balance, thoroughness and mindful execution, ultimately shaping a fulfilling professional journey.

Mr. Swarup emphasised that true professionalism goes beyond simply following rules; it includes ownership of responsibilities and adherence to strong ethical values. Drawing from his strategic expertise, Mr. Swarup stressed that success is often hidden in the details and urged the audience to adopt 'thoroughness' not as an option, but as a fundamental requirement of effective work. The most resonant part of the session was Mr. Swarup's poetic approach to work-life balance, which resonated strongly with students and faculty, enabling them to engage in meaningful dialogue with Mr Swarup about navigating corporate pressures and personal aspirations. His seamless transition between practical strategic guidance and profound poetic analogies left a lasting impression on the audience.



# International Conference

The School of Humanities and Social Sciences (SOHSS) and the School of Education successfully organised a Two-day International Conference on 7th - 8th November, 2025, titled The Symphony of Minds: Blending Ideas from Education, Humanities and Social Sciences, in collaboration with Eqrem Çabej University of Gjirokastrë, Albania. The conference was jointly conducted by the Department of Education, the Department of Fashion Design, the Department of English, the Department of Psychology, and the Department of Journalism and Mass Communication. The event brought together academicians, researchers, and scholars from diverse disciplines, providing a vibrant platform for interdisciplinary and international academic exchange. The conference featured keynote addresses, research paper presentations, and panel discussions focusing on contemporary themes across education, humanities, and social sciences. The deliberations encouraged meaningful dialogue, critical inquiry, and collaborative thinking among participants.

The conference was efficiently coordinated under the leadership of Prof.(Dr.) Vidushi Bhardwaj Sharma as a patron, whereas Dr. Akanksha Srivastava and Dr. Kappil Kishore served as Convener. Their meticulous planning, effective communication, and dedicated efforts ensured the smooth and impactful execution of each session. Their collective contribution played a crucial role in elevating the academic quality and organisational excellence of the event.

The successful conclusion of the Two-day event strengthened international academic partnerships and reaffirmed SOHSS's commitment to promoting interdisciplinary research and global academic engagement.



# Department of Education

*Education is the foundation of social progress and intellectual freedom.  
Through learning, societies evolve, and futures are shaped.*

The School of Education celebrated Children's Day on 14 November 2025 with great enthusiasm in the department—the event aimed to create a joyful and memorable experience for the students. A lively party was organised, where children and faculty members participated in fun activities, games, and interactive sessions. The highlight of the celebration was the vibrant dance performances, which filled the atmosphere with excitement and cheer. Students showcased their talent with confidence, while teachers encouraged and supported them throughout the event. The celebration successfully reflected the spirit of Children's Day by promoting happiness, creativity, and togetherness among the students.

The Council of Teachers and Development organised an international E- Conference that brought together educators, researchers, and professionals to deliberate on emerging trends in the field of education. Dr Akanksha Srivastava, Head of the Department, played a pivotal role as the Associate Convener, contributing to the planning, coordination, and seamless execution of the event. Her dedication and leadership were evident in the smooth conduct of all the conference sessions. The conference proved to be an enriching academic platform, promoting research, collaboration, and professional development among participants. Ms Minakshi Breja played a significant role as Moderator, conducting the sessions with confidence and clarity. In recognition of her exemplary contribution, she was honoured with the Moderator Award.



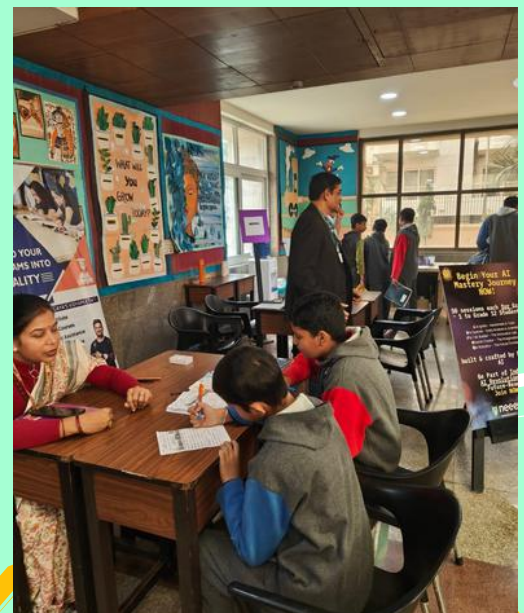
Students visited NGO Parbhat in Bhupani, Faridabad, to learn more about inclusive education techniques. Students witnessed the organisation's work to assist children with special needs and got insight into practical methods of inclusion. The visit helped them to gain an awareness of inclusive educational environments. The convenors of this event were Dr Shivani Bidhuri and Deepak Kumar.



In collaboration with the Admission Department, the school successfully organised a Career Counselling and Future Opportunities Session for the students of KR Mangalam School, Sector 88. The session aimed to guide students in identifying their interests, understanding emerging career paths, and making informed academic and professional choices.



The faculty interacted with the students and provided valuable insights into various career options, higher education opportunities, and skill-development pathways. The session also highlighted the importance of aligning individual strengths with suitable career choices. Interactive discussions, doubt-clearing segments, and motivational guidance helped students gain clarity and confidence about their future pathways.



# Faculty Achievements and Academic Contributions

Dr Pallavi Gangwar, Assistant Professor, successfully participated in a twelve-day online interdisciplinary refresher course on Environmental Studies organised by the UGC–Malaviya Mission Teacher Training Centre, Central University of Kerala, held on 6–19 November 2025. She completed the course with an impressive Grade A+.

An expert lecture on Writing Effective Findings and Discussion on 27<sup>th</sup> and 29<sup>th</sup> November, convened by Dr Akanksha Srivastava. The session focused on developing clarity, coherence and critical analysis in presenting research findings. The expert highlighted the importance of linking results with existing literature, maintaining logical flow, and adopting evidence-based interpretations. Practical examples were shared to illustrate common errors and effective strategies for writing strong discussion sections. The sessions significantly strengthened participants' academic writing and research presentation skills.

Dr Akanksha Srivastava was invited to deliver an Expert talk on Action Research at SCERT, Haryana Education Department, on 17 November, 2025

Dr Shivani Bidhuri secured second position in the Teacher Talent event at Lingaya's Vidyapeeth during ZEST-2K25: Hungama.

Ms Saba Javed published an article in a reputed newspaper.



## पल को जियो: सच्चे अर्थों में वर्तमान में रहने



**सबा जावेद**  
सहायक प्रोफेसर ( शिक्षा विभाग )  
लिंगायत विश्वविद्यालय  
फरीदाबाद हरियाणा

ऐसी दुनिया में जो कभी रुकती नहीं, जहाँ कल को समय-समय और खीरे हुए कल के पल्लवों के अर्थों और खीने के लिए प्रतिक्रिया करते हैं, एक साधारण सी सच्चाई को धूल-त

अवसान है - हमारे पास जो समय है, वह निरर्थक है। पल को जियो विरल, एक मुहूर्त नहीं है, वह जीवन जीने का एक तरीका है जो हमारी हर संस में जागरूकता, कुतूहल और उत्सुकता को प्रोत्साहित करता है।  
**कल का धम:** हम में से कई लोग अपना जीवन होशियार में बिता देते हैं - सजावटी का, सफरना का, खुशी का, या किसी सही समय का, जो कभी आता ही नहीं।  
हम खुद से कहते हैं कि जिंदगी तब शुरू होती जब हम कोई खास लक्ष्य हासिल कर लेंगे, कोई मुकाम हासिल कर लेंगे, या किसी चुनौती से परा पा लेंगे। लेकिन ऐसा करते हुए, हम अक्सर उस खोल मुंदराते को नजरअंदाज कर देते हैं जो हमारे सामने खिंट ही रही है।  
सच तो यह है कि पहिले अर्थात् पल है और अंततः को बदल नहीं जा सकता। हमारे पास जो है - और जिसे हम

आकार दे सकते हैं - वह वर्तमान क्षण है। अर्थों में रहना, इसकी दिशा में बिना रुकावट के पल, वर्तमान के अर्थों को जीना है।  
**उपस्थिति की शक्ति:** जब हम वर्तमान में होते हैं, तो हम जीवन का अधिक-अधिक समुद्र होते हैं, हमारा काम अधिक सार्थक होता है, और हमारी आंतिक शक्ति को ध्यान अधिक गहन होती है। अभी पर ध्यान देकर, हम अधिक कारगर रूप से जुड़ते हैं - स्वयं के साथ और दुसरो के साथ।  
**वर्तमान को जीने के सल तरीके:**  
1- ध्यान का अभ्यास करें। हर दिन कुछ मिनट अपनी सोच, अपनी सोचों या अपने असा-पस के काठपरण पर ध्यान केंद्रित करने के लिए निकालें।  
2- विकल्पों से दूर रहें। अपने असा-पस को दुनिया से फिर से जुड़ने के लिए स्क्रीन और संचारकों से दूर रहें।  
3- छोटी-छोटी चीजों को कद्र करें।

कुतूहल में गहरे 4-सुनो जो सुनो। जब आ करें। 5-धम सुनिये। छोड़ दें। करती है। निष्कर्ष। जिंदगी। क्षणभंगू। हमारी प हर समय - और करता है। ते, एक को विस है। कभी। धरकन। बस हम

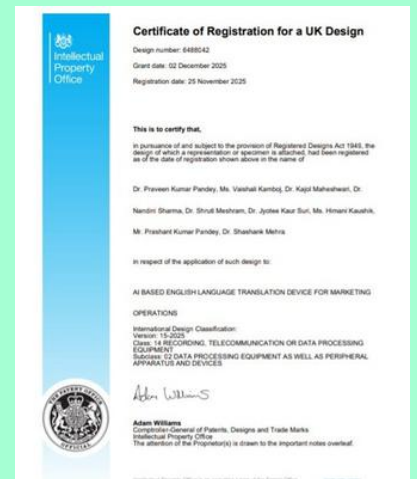
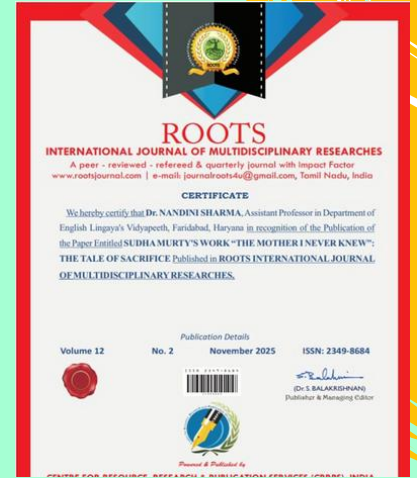
# Department of English

*Between lines and metaphors, literature reveals what cannot be spoken aloud.  
Words become mirrors of the human soul.*

Dr. Nandini Sharma, Assistant Professor, has published her research paper titled *Sudha Murty's Work: The Mother I Never Knew – The Tale of Sacrifice* in *ROOTS – International Journal of Multidisciplinary Research*, Volume 12, Issue 2 (ISSN: 2349 8684). This peer-reviewed publication highlights Dr. Nandini Sharma's continued engagement with contemporary Indian literature and reinforces the department's scholarly presence in reputed international forums.

The invention entitled, *AI-Based English Language Translation Device for Marketing Operations* has been duly granted a patent in accordance with the provisions of the applicable Patent Act, recognising its originality, novelty, and inventive merit. These accomplishments by Dr. Nandini Sharma represent the University's growing emphasis on research-driven teaching, international collaboration, and academic leadership. Her work continues to inspire both colleagues and students, strengthening the institution's reputation as a centre of innovation and scholarly excellence.

Dr. Nandini Sharma participated in a Two-Day International Conference titled *Symphony of Minds: Blending Ideas from Education, Humanities and Social Sciences*, organised by Lingaya's Vidyapeeth, Faridabad, on 07th and 08th November 2025. She presented research papers titled *From Purdah to Power: A Study of Feminist Utopia in Sultana's Dream and Silence and Strength in The Dark Holds No Terrors*, contributing scholarly insights to contemporary feminist literary discourse. Her participation reflects active engagement in research dissemination and academic dialogue at an international platform.



# Department of Commerce and Management

*Value is created through understanding, execution, and integrity.  
True leadership balances ambition with accountability.*

Dr MVK Sreenivas Rao has been appointed as the Editor of two scholarly books, titled *New Horizons in Human Resource Management and Organisational Development*, and *Advances in Renewable Energy: Technologies, Applications, and Sustainability*.



Dr Neha Guleria, Dr Jyoti, and Dr Sapna served as Convenors, with Dr Vinod Kumar as Co-Convenor, for a session organised on *Building Bridges Through Trade: The Future of Export-Import in a Global Economy*. The event was graced by Mr Vikram Gawade as the Guest of Honour.



Dr Neha Guleria (convenor) and Mr Deep Biswas (co-convenor) have initiated an inspiring and insightful webinar series titled *MANTHAN 2025*, in collaboration with professionals from the Big 4 firms – KPMG, Ernst & Young (EY), Deloitte, and PWC. The session was held on 15<sup>th</sup> October, Brainstorming corporate journeys, featuring experts from EY.



Dr Sapna and Dr Vinod Kumar organised an industry visit to the Coca-Cola Happiness Factory, Moon Beverages Ltd., at Greater Noida, providing students with valuable industrial exposure.



Ms Vaishali Kamboj and Dr Sapna Sharma completed a two-day workshop on Integrating Sustainable Development Goals (SDGs) in Higher Education: Reimagining Curriculum through Gender, Health and Interdisciplinarity, organised by the School of Education and Lalita Devi Institute of Management and Sciences.



Dr Sapna Sharma and Dr Vinod Kumar presented a research paper titled Integrating Guru Tegh Bahadur Ji's Moral Vision into Educational and Youth Development Policies at a National Seminar held at Kishan Lal Public College, Rewari, Haryana.



Dr Neha Guleria has received the Best Organised Committee Award for her role as Event Council Head.



Dr Jyoti completed a twelve-week NPTEL online certification course on Performance and Reward Management.

Dr Jyoti was awarded the Best Research Paper Award for her paper entitled Bridging the Gender Gap in Green Transitions: Women's Role in Renewable Energy and Sustainable Innovation at a two-day International Conference at the School of Social Sciences and Humanities, B.S. Abdur Rahman Crescent Institute of Science and Technology, in collaboration with the Jammu and Kashmir Economic Association.

Dr Vinod Kumar presented a paper entitled The Role of Financial Literacy in Enhancing Financial Inclusion in Emerging Economies at an NRC-ICSSR-sponsored two-day international conference at Rukmini Devi Institute of Advanced Studies in collaboration with UiTM, Malaysia.

Dr Vinod Kumar presented a paper at the two-day International Conference Symphony of Minds: Blending Ideas from Education, Humanities and Social Sciences, organised by Lingaya's Vidyapeeth, Faridabad.



Ms Vaishali Kamboj has participated in a seven-day International Workshop on Frontiers in Structural Equation Modelling organised by the Jammu and Kashmir Economic Association and the Global South Research Foundation.



Ms Himani presented a paper titled Evaluating the Influence of Digital Marketing on Consumer Engagement in Retail: A Qualitative Approach at the International HR Conference 2025, organised by the Indian Institute of Management, Jammu.



## Department of Mechanical Engineering

*Design gives form to thought, and mechanics give it life.  
Every structure begins with understanding forces.*

### Faculty Development Programme:

Dr. Narasiman Venkatraman completed the Faculty Development Programme on Community Engagement (All Disciplines), an initiative for quality enhancement in teaching-learning and research. The programme was conducted from 4-10 November 2025, and he was awarded an A+ grade.



### Publications

Dr Nitish Kaushik published an SCI-indexed research paper in the International Journal of Materials Research, titled Friction and wear behaviour of habara fibre reinforced epoxy composites.

Mr Ajit published an SCI-indexed research paper in MAPAN-Journal of Metrology Society of India titled A Comparative Study of Die-Sinking and Near-Dry EDM Using MADM-Based Parameter Optimisation.

## Events

### Seminar on Strategy to Crack GATE & Other Competitive Exams

Unlocking the Path to Success!

The department, in collaboration with MADE EASY, successfully organised an insightful seminar on Strategy to Crack GATE & Other Competitive Exams on 10 November 2025. The convenors for the session were Dr Subbaro Chammarti (HOD, Mechanical Engineering), Ms S. MahaLakshmi (HOD, Computer Science Engineering), and Dr Gaurav Sharma (HOD, Civil Engineering), and were coordinated by Dr Rupak Kumar Deb, Dr Nitish Kaushik and Dr Tapsi Nagpal.

The seminar provided students with valuable insights into:

- Effective preparation strategies for GATE and other national-level examinations
- The art of making impactful and efficient study notes
- Key do's and don'ts for achieving top ranks
- Various career opportunities are available after graduation

The session motivated participants to remain focused, disciplined, and consistent — reinforcing that success is a journey of smart preparation and dedication.



## Expert talk on the Seminar on *Modelling and Analysis of Advanced Material Structures*

The department successfully conducted an expert talk on Modelling and Analysis of Advanced Material Structures on 26 November 2025. The session aimed to encourage students and faculty members to explore advanced approaches and develop as a foundational pillar of contemporary engineering and scientific innovation. The talk highlighted multi-scale modelling, computational simulations, and experimental validation, enabling researchers to predict material behaviour with enhanced accuracy. These approaches not only deepen our understanding of complex structural responses under real-world conditions but also accelerate the development of high-performance materials tailored for aerospace, biomedical, energy, and emerging technological applications. Ultimately, the synergy between advanced modelling tools and material characterisation enables the design of safer, lighter, and more efficient structures, reinforcing the vital role of computational materials science in shaping the next generation of engineered systems.



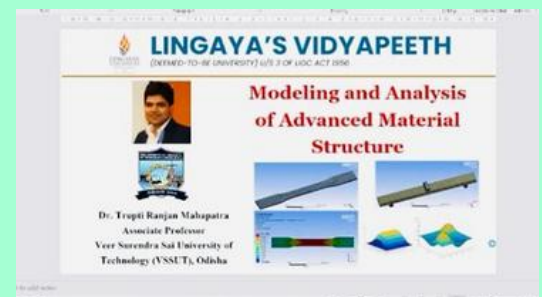
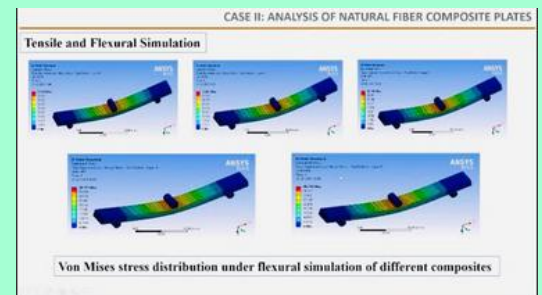
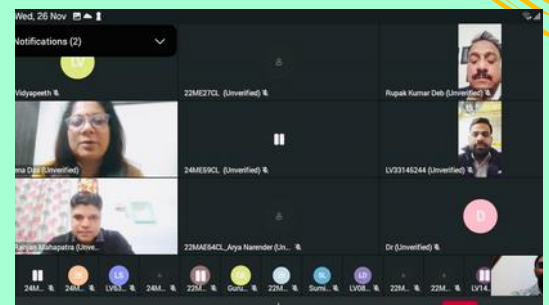
**LINGAYA'S VIDYAPEETH**  
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**Modelling & Analysis of Advanced Material Structure**  
Organized By  
**Mechanical Engineering Department**

**Dr. Trupti Ranjan Mahapatra**  
(Associate Prof.)

**CONVENOR**  
**Dr. Subbarao Chamarthi**  
(HOD Mechanical Engineering)

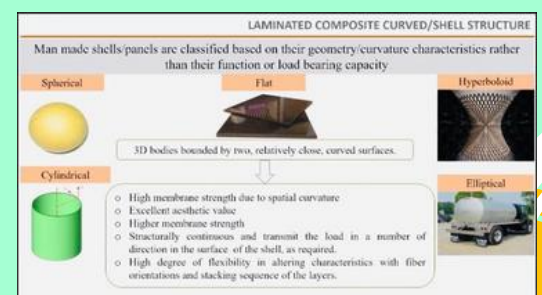
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Time: 07:30 PM - 08:30 PM  
Venue: Online Mode



**LINGAYA'S VIDYAPEETH**  
(DEEMED-TO-BE UNIVERSITY) U/S 3 OF UGC ACT 1956

**Modeling and Analysis of Advanced Material Structure**

**Dr. Trupti Ranjan Mahapatra**  
Associate Professor  
Veer Surendra Sai University of Technology (VSSUT), Odisha



## Faculty Corner

### *Cognitive and Ethical Dispositions of an Enlightened Leadership Archetype*

A conscious leader is someone who leads with self-awareness, emotional intelligence, integrity, and a deep sense of responsibility toward individuals as well as the broader system they influence. These leaders consistently practise self-reflection, analysing their thoughts, emotions, and behaviours to understand how these elements shape leadership practices. They strive to cultivate mindfulness by remaining present and attentive in interactions and decision-making processes, rather than acting impulsively or permitting ego-driven motives. Empathy and compassion are central to conscious leadership; they actively listen to others and respect and value diverse perspectives. They cultivate trust through transparency, honesty, and accountability, readily admitting their mistakes instead of concealing them. Purpose-driven decision-making is an important aspect, where choices are guided by long-term values, sustainability, and the well-being of teams and communities rather than short-term personal gains.

Conscious leaders place great emphasis on collaboration over competition, fostering psychologically safe environments for people that encourage open expression of ideas, risk-taking, and innovation. They are committed to continuous learning, welcoming feedback, staying curious, and evolving through challenges. Ethical conduct remains fundamental to them, ensuring fairness, inclusivity, and respect in all interactions. Additionally, they empower others by recognising individual strengths, delegating responsibilities effectively, and fostering growth rather than controlling or micromanaging. They remain emotionally balanced, managing stress and conflict with composure and maturity. Instead of blaming others, they adopt an ownership mindset that emphasises problem-solving and shared accountability. Ultimately, conscious leaders demonstrate service-oriented leadership, like quality, placing the needs of their team and organisation above their personal ego, acting as a role model for positive change. Together, these behaviours create a leader who inspires trust, cultivates strong relationships, and drives meaningful, sustainable success.



Dr. V. Narasiman

Professor and Controller of Examination

## *Poetry gives voice to thoughts we often feel but rarely say aloud.*

This collection of poems celebrates the creativity, imagination, and emotional depth of our students. Each piece offers a unique perspective—transforming simple moments into meaningful reflections, exploring thoughtful questions, and expressing emotions with honesty and courage. We are proud to share these poems, written straight from young hearts and curious minds.

### Moving Headlights

Inspired by the dazzling stage lights at ZEST 2025, this poem transforms their movement into a metaphor for rhythm, resilience, and hope. The headlights become symbols of guidance in darkness, showing how even fleeting beams of light can illuminate paths and inspire others.



Sometimes they move so slowly, sometimes painfully fast,  
Yet every step they take follows a rhythm that lasts.  
They pause for a moment, then slip back into flow,  
Catching the world again in a soft, steady glow.

With music around them, their vibes intertwine,  
They aren't musicians—yet they dance in time.  
Each time they shimmer, they wake silent stars,  
Lighting the dark, healing unseen scars.

A curtain falls quietly across the screen,  
Still, they keep shining, calm and unseen.  
So honest they are, changing colour and tone,  
Showing the world shades it has never known.

When people switch them off, they wait and obey,  
Following orders, then fading away.  
And when they stop, it feels strange and untrue,  
As if life's own rhythm has paused with them, too.

Mixed in their colours, a dull star turns bright,  
Painted alive by their borrowed light.  
So innocent—play any song, any sound,  
These headlights will dance wherever they're found.

They move through darkness, steady and bright,  
Turning silent roads into paths of light.  
Not stars themselves, yet they help us see,  
How even movement can set hope free.

So move like these lights, through wrong and right,  
Because your journey may become someone else's light.



Rachna Awana  
Assistant Professor  
Department of English

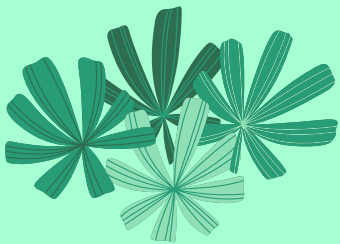
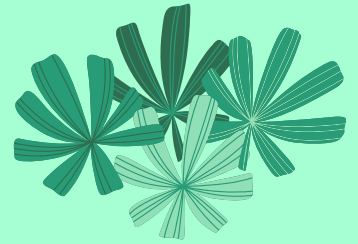
## Student Corner

### *A Heart That Bled for You*

This poem portrays the silent sacrifice of a woman who loves selflessly, even while enduring her own pain. It reflects themes of devotion, resilience, and the quiet strength of a heart that continues to give, despite being broken.

You lost a queen, a true gem so fine,  
She stayed by your side, through joy and pain divine.  
When your world was falling apart, she held on tight,  
Wiping away your tears, without a single fight.  
She bled for you, silently, without a word,  
Healing your wounds, while her heart was hurt.  
She smiled for you, to make your pain fade,  
Loved you with all her heart, even when she was broken and made.

You didn't just lose a girl, oh no,  
You lost a soul, a heart that loved you so.  
She bled silently and still prayed for you,  
With a heart you shattered, she loved you true.



Nishtha Chandhok  
BA (H), 3rd Semester,  
Department of Psychology

## *Paper lantern*

A reflective piece on identity and impostorism, this poem explores the tension between outward success and inner emptiness. It portrays the struggle of carrying light for others while quietly burning within, revealing the loneliness behind achievement.

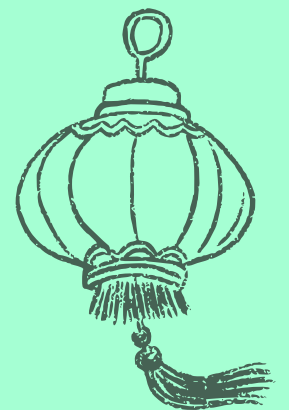


I walk through the world  
like a lantern that never flickers,  
steady, bright and dependable  
So everyone warms their hands  
At the light, I never learned to feel.  
They see me shining,  
barely knowing,  
I'm just good at holding the flame  
far enough away so no one notices,  
It's burning me.

Success drapes around me  
like a borrowed coat,  
expensive, elegant,  
a perfect fit on paper,  
Yet it scratches my skin  
as if reminding me,  
that I was never meant to wear it.

Inside, I am a house  
with all the lights on  
and every room is empty,  
People admire the glow  
from the streets outside,  
never knowing the silence  
echoing louder than any applause to my ears.  
Loneliness curls itself around me  
like smoke in a locked room,  
thin, invisible but everywhere.  
And this impostorism  
is the ghost that sits beside me,  
whispering in a voice  
That sounds too much like mine,  
"You're only pretending, convincingly."

I have laughed the loudest,  
spoken the sweetest,  
and poured warmth into others  
like it's an endless well,  
Yet when I reached for it myself,  
My hands returned dry,  
as if the well was only a mirage  
built to keep me useful.  
Still, I rise,



Vibhuti Patwal  
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## *Even if I can't run*

This heartfelt poem speaks of hope and belonging despite physical limitations. Through tender family moments and imaginative escape, it conveys courage, acceptance, and the belief that there are always places where one truly belongs.

The peon rang the bell loudly, everyone gathered on the ground.

I walked behind, clutching my crutches.

The metal made a sound.

Everyone stopped playing around.

My friends rushed to my aid, as if I were made of clay.

Back at home, Granny gave me the comb, saying she needed my help because of her aching bones.

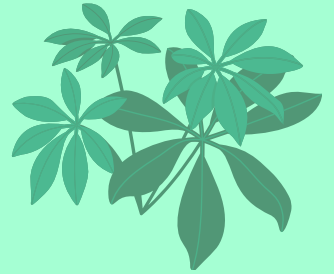
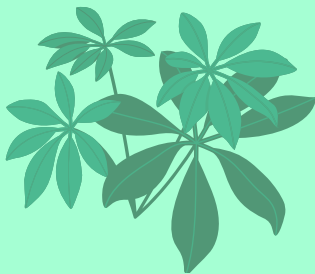
But Mom rushed in, taking it away, saying I'm her precious baby who needs to stay in bed.

Sitting on my bed, I painted my estate with children playing all day without any chair rolling them  
away.

I stayed in my room when Dad came in with a grin on his face, making some silly faces. Mother ran inside with a squeal, saying I'll be better with the new doctor they thought was cool. The doctor gave me a big smile, trying to be a friend of mine. Granny came with her aching bones, patting my head  
with her gentle soul.

Even if I can't run, there are places where I belong.

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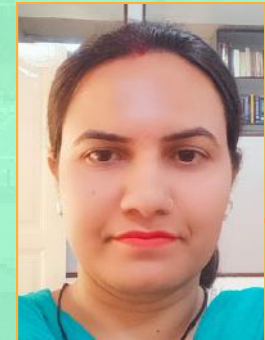
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Ably assisted by Prasenjit (Department of English) in designing the newsletter.

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